A Free Monthly Newsletter From Your Friends at PACIFIC

October 2019

# **NEWS You Can Use**



## **OCTOBER SERVICE AWARDS**

Celebrating Pacific Employee Anniversaries

32 YEARS Shelly Haynes

"An idea, like a ghost, must be spoken to a little before it will explain itself." —Charles Dickens

## Green Living: Greenoween!

Rather than decorating with plastic fake ghosts, spiders, and bats this Halloween, green up your decorating with natural and recycled materials. Use pumpkins, gourds, leaves, cornstalks, and pinecones to lend a festive air to your home. Use old handkerchiefs to make a set of ghosts. Punch holes in old cans to make a set of luminaries. Wrap up dolls with strips of torn sheets to make small mummies. You can make scarecrows out of old clothes before recycling them into rags for the garage!

### What's Inside This Month?

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## Thoughts from Richard Steed

Short of being invited to a knockdown-drag-out Columbus Day party, us to put even that task

October is a strange month.

October usually means there's nothing in the way of anything going on except we're back to normal again. Kids are settled back into school. It's not a big vacation month. Heck we don't even have to turn our clocks back in October anymore, thanks to the Energy Policy Act of 2005, which allows

Hmmm . . . what

off until November.

to do . . . what to do . . .

Maybe it's time to pull one of those dusty old ideas off the shelf and get to it while the gettin's good. You know the ideas I'm talking about. The ones most of us have had on our minds since, oh, about New Years'. Let's see . . . there was that resolution to exercise more . . . hmmmm . . . and the other one to call that estranged aunt . . . er, what else . . . oh, yes, to read more. I'm sure we all have lists of such dusty ideas.

Personally, I've decided to do something to spice up my October, something special for myself. It doesn't really matter what it is (okay, I'll confess that I probably won't be calling that estranged aunt), but I've got a few ideas and one of them is to share this concept with you.

We're proud to be your records management provider and, as such, you know we're handling your records management responsibilities all day, every day—in October and every month of the year—strange month or not! So, I encourage you to have a special day for yourself while we watch the store! Do something to spice up your own October . . . visit that estranged aunt (or not), carve a pumpkin, stop at a farm stand, or curl up with your favorite book. Or . . .

Just plain old relax knowing that we're here looking out for you.

Happy (strange) October!

Richard

# Drives for the Pr

One (1) Hard Drive shredded FREE for every five (5) you bring in during the month of October!



## Monkey Business

A monkey walked up to the ice cream stand and ordered a sundae for \$1.50. He put down a ten dollar bill to pay.

The clerk thought, "What could a monkey know about money?" and handed the monkey only a dollar back in change.

The clerk watched as the monkey began to eat the sundae. "Say," he said, "we don't get many monkeys in here."

"Well," replied the monkey, "at these prices you won't get many more!"

### Trivia Quiz: Cheese

October is American Cheese Month. Celebrate this great event by testing how much you know about this popular dairy treat.

- 1. What country produces Oka cheese?
- 2. Roquefort is traditionally made from what animal's milk?
- 3. Rennet is used at the beginning of the cheese making process to form curds. What animal organ does rennet come from?
- 4. What small round French cheese comes with a red wax coating?
- 5. What do we call a cheese expert who most often is found working in a specialty or gournet food shop?
- 6. Which country's citizens consume the most cheese annually?
- 7. What is the name of the cheese most often used to make lasagna?
- 8. Little Miss Muffet is said to have eaten her curds and whey. What cheese product was she likely eating?
- 9. Poutine is a French-Canadian dish that combines cheese curds and what?
- 10. Which country produces the most cheese?

Answers on Back Page!

## This Halloween in History!

- 1860 Juliet Low, founder of the Girl Scouts, was born in Savannah, Georgia.
- 1864 Nevada was admitted as the 36th U.S. state.
- 1892 Arthur Conan Doyle published his collection of mystery stories, "The Adventures of Sherlock Holmes."
- 1926 Magician and escape artist Harry Houdini died of peritonitis in a Detroit hospital.
- 1941 Mount Rushmore, in South Dakota, was completed after 14 years of work.
- 1950 Playing for the Washington Capitols, Earl Lloyd became the first African American to play basketball in an NBA game.

## October Holidays and Events

### **Daily Observances:**

- 1 International Day of Older Persons
- 2 World Farm Animals Day
- 4 World Smile Day
- 5 World Teachers Day
- 6 National German-American Day
- 7 World Habitat Day
- 8 National Face Your Fears Day
- 9 World Post Day
- 10 World Mental Health Day
- 11 Southern Food Heritage Day
- 12 Columbus Day (Traditional)
- 12 Fall Astronomy Day
- 12 Universal Music Day
- 14 Columbus Day (Observed)
- 15 White Cane Safety Day
- 16 World Food Day
- 17 International Day for the Eradication of Poverty
- 18 National Mammography Day
- 19 Evaluate Your Life Day
- 22 International Stuttering Awareness Day
- 23 National Mole Day
- 24 United Nations Day
- 24 World Development Information Day
- 25 Frankenstein Friday
- 26 National Forgiveness Day
- 27 Cranky Coworkers Day
- 29 National Cat Day
- 30 Create a Great Funeral Day
- 31 Halloween

### **Monthly Observances:**

Workplace Politics Awareness Month

Right-Brainers Rule Month

Spinach Lovers Month

Squirrel Awareness Month

Celiac Disease Awareness Month

Church Library Month

Cut Out Dissection Month

Domestic Violence Awareness Month

Dyslexia Awareness Month

Emotional Intelligence Awareness Month

German-American Heritage Month

Adopt a Shelter Dog Month

### **American Cheese Month**

Antidepressant Death Awareness Month National Animal Safety and Protection Month

National Arts and Humanities Month

# **PacBlog**

# Answers to Your Most Frequently Asked Questions about Records Management

PacBlog is the monthly web log of Pacific Records Storage To read this month's installment, please click the title below.

https://pacific-records.com/answers-to-your-most-frequently-asked-questions-about-records-management

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

http://pacific-records.com/category/pacnews

### Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

Do You Want To Win A \$25 Amazon Gift Card?



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw a lucky name.

Here is this month's challenge:

Why was the ghost wearing a Band-Aid?

Last Month's Answer to:

How is an English teacher like a judge? "They both hand out sentences!"

Last month's Winner:

XAVIER MOLINA

Email your answer to info@pacific-records.com

"There are three categories of fun:
challenging fun, the most demanding
and most rewarding type of fun;
accommodating fun, which also
takes effort; and relaxing fun, which
requires no skill or action."
—Gretchen Rubin

—Gretchen Rubii

## Frugal Sports

Need your sports fix but finding yourself short on cash? Check out your local college or university. You can get tickets to college sporting events for a fraction of what you'd pay for their professional counterparts. If you're really low on dough, consider taking in a game of a less popular sport, such as volleyball or gymnastics. These types of athletics generally cost less to see than the more traditional pastimes of baseball or football. And if got nothing but lint at the bottom or your pockets, you're probably looking for a free game. Try your local high school. Most games are open to the public for free or for a nominal charge. Oftentimes these "lesser" events are more interesting than watching the pros. Young athletes tend to take more risks and run more daring plays than older, reserved ones. These games often have far more character than the ones you shell out the big dollars for!



"Why can't they make a spell checker that knows how to check spells?"

# 3 months FREE secure Destruction service

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# Purge Shredding vs. Scheduled Shredding

Every company produces different amounts of paper records. Depending on the size of your business, the volume of paper needing to be shredded every month may be tens of thousands of pages or just a few hundred. So how do you decide what shredding solution best fits your needs?

Purge shredding service offers the option of having your documents professionally destroyed quarterly, twice a year, annually, or on an as-needed basis. Locked shredding consoles or bins can be delivered to your office, keeping your information secure until it's collected for destruction. Purge shredding is ideal for businesses that generate nominal amounts of paper waste each month. It's also the perfect solution for scheduled file room cleanouts or office moves.

Scheduled shredding offers a more routine solution for destroying unwanted documents and files. Based on the volume of discarded paper records your business generates each month, you can choose to have your documents shredded weekly, monthly, or more often.

As with purge shredding, secure collection containers are placed in your office, eliminating time-consuming, risk-prone, in-house shredding tasks. A background-screened and uniformed shredding representative comes to your site on your scheduled shredding day, empties the containers, and destroys the contents. You receive a Certificate of Destruction upon completion of your shredding project.

If you're still on the fence about what shredding option best suits your business, call us to schedule a cost free, no obligation assessment.

# Choosing the Right Pet

Getting a pet can be a big decision. Knowing which type or breed to get is important for the long term happiness of you, your family, and your pet. Before you decide on a pet, take time to research the type of animal that will best fit in to your home environment. If you decide on a puppy, be sure to understand how large your dog will be when fully grown. Research the animal's temperament and proclivities to ensure a good fit with your home situation.

Also take into account your budget. Larger animals tend to cost more in food and care. They may also require more of your time. Consider time needed for exercise, grooming, and other care. By taking a little time before you invest yourself in a new pet, you will be sure of making the proper choice for you and your animal.

# Finally Getting Unpacked

Have you moved recently (or not so recently)? It sometimes takes a long time to get all those boxes unpacked. And often you may find that there are several left that you have never unpacked. If you've procrastinated and are faced with some remaining packages, these tips may help motivate you to finish the job.

#### Take it slow and easy.

Since you've already put it off for a while, there is really no need to hurry through the job. Choose one box and make a commitment to finish unpacking it before you move to the next one.

#### Split up the work.

One simple tip to help get a box unpacked is to share the job with other family members. If it has been a long time since you've moved, it will be a surprise for everyone to see what is in each box. Divide up the contents and have a race to see who is done putting items away the fastest.

#### Get rid of the excess.

As you unpack, keep an empty box nearby. You may find that many, if not all of the items you are pulling from the box are things you no longer need. After all, you've gone without them for a while now, so what is the point in keeping them. Save the sentimental or important items, and plan on donating the rest to charity.

#### TRIVIA QUIZ ANSWERS:

tries. 10. The United States.

I. Canada. Δ. Sheep. 3. A young cow, sheep or goat's stomach. 4. Babybel. 5. Cheesemonger. 6. Greece. 7. Ricotta. 8. Cottage cheese. 9. French

NEWS You Can Use is a free monthly newsletter from your friends at

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