April 2019

NEWS You Can Use



APRIL SERVICE AWARDS

Celebrating Pacific Employee Anniversaries

16 YEARS Jerry Pineda

15 YEARS Cara Declusin VanDeGrift

> 12 YEARS Sanjay Prasad

The Art of Hard Boiling

With Easter just around the corner, you may be wondering if there is a best way to hard cook your eggs. The Egg Board recommends placing eggs in a single layer in a saucepan. Add enough cool tap water to come at least an inch above the eggs. Cover and bring to a boil. Upon boiling, remove the pan from the burner, allow



the eggs to sit for 15 minutes, then place them under cold running water until completely cooled. This method will not only reducing cracking, it can also reduce the chance of having yolks that turn green. Further, it will inactivate salmonella enteritidis, the bacteria found in eggs.

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did you know that April spelled backwards is Lirpa? Yes, Lirpa. Rather sounds like a long, forktongued reptile scooting below the dewy leaves

> of the Brazilian forest, doesn't it?

Or, maybe Lirpa has more of a planetary ring to it: "NASA sent forth a highly-specialized satellite that will monitor the Lirpaen atmosphere for any signs of life." Reptilian life, perhaps?

Lirpa could be the number "seventeen" in a remote tribal language . . . somewhere . . . could be!

Or maybe Lirpa is an esoteric word in some arcane branch of science? "The proliferation of microscopic Lirpa-like crystals is evident when the experiment is repeated in a vacuum at extremely high temperatures."

See? Spell something backwards and suddenly you have a fresh take on it. This month of Lirpa—er, April—does signal a freshness, a newness, a promise and potential—even if we have to spell things backwards sometimes to remind us of that fact.

Lirpa is a good month to remind you that we're continuously scouting the technological landscape to keep abreast of the latest advances in data security. We look at things frontwards and backwards to ensure we're up-to-date with evolving compliance laws and the latest technology. The industry moves quickly—as will the month of April—and if there's a change in the industry we'll be on it like a Lirpan lizard!

We wish you much success and prosperity these Richard next 30 days. Before we know it, it will be the month of Yam!

"A true friend is someone who thinks that you are a good egg even though he knows that you are slightly cracked."

—Bernard Meltzer

ives for the Price

One (1) Hard Drive shredded FREE for every five (5) you bring in during the month of April!

Trivia Quiz: Movies from the 50s

- 1. What movie, directed by John Huston in 1950, was considered Marilyn Monroe's breakout film?
- 2. What classic 1953 drama set in war-time Hawaii won eight Academy Awards?
- 3. In the Alfred Hitchcock classic thriller "Rear Window," why was the James Stewart character of Jeff Jefferies stuck in his apartment?
- 4. What 1959 movie featured a chariot race that used 15,000 extras on an 18-acre set outside of Rome?
- 5. What movie starring James Dean was released after his death in 1955?
- 6. Which famous composer's music was used in the Disney animated film, "Sleeping Beauty?"
- 7. In what film was the famous line "I have always depended on the kindness of strangers" uttered?
- 8. How old was Debbie Reynolds when she starred in "Singin' in the Rain?"
- 9. Which 1953 film, starring Audrey Hepburn, was the first American film to be made entirely in Italy?
- 10. Which 1957 movie was based on the real-life construction of the Burma Railway during World War II?

Answers on Back Page!

Keeping Your Pets Safe This Easter

Easter is a fun and exciting holiday for children; but for your pets, it can be filled with danger. The treats in your children's Easter baskets and the decorations around your home can be hazardous to your pet's health.

Some plants, especially Easter lilies, are highly toxic to pets and can be fatal if eaten. All parts of the Easter lily, day lily, and tiger lily are toxic to cats. Eating even a small part of the plant can lead to kidney failure, which if left untreated, can cause death. Other spring plants that are concerning include daffodils, hydrangeas, wisteria, and ivy. Ingestion of these plants can cause stomach pain, vomiting, dehydrations, and difficulty breathing.

Also harmful if eaten is the plastic grass used in Easter baskets. It can become twisted within a pet's intestines and can require surgery to remove. Foil candy wrappers are tempting to pets, but can cause intestinal blockages. Keep these items out of your children's Easter baskets or up out of the way of your pets to be safe.

Finally, candy can be harmful to pets, with chocolate possibly fatal to cats, dogs, and ferrets. Dark chocolate is worse for pets than milk chocolate. Xylitol, an artificial sweetener used in many candies and gum, can be toxic too. All candy in your family's Easter basket should be kept out of the reach of your animal companions.

What are some ways to treat your pets this Easter? Give them their own Easter basket filled with healthy treats, a new leash, and some fun chew toys.

April Holidays and Events

Daily Observances:

- 1 April Fool's Day
- 2 Children's Book Day
- 3 World Party Day
- 4 School Librarian Day
- 5 National Walk to Work Day
- 6 Plan Your Epitaph Day
- 7 World Health Day
- 8 Zoo Lover's Day
- 9 Name Yourself Day
- 10 National Siblings Day
- 11 Eight Track Tape Day
- 12 Grilled Cheese Sandwich Day
- 13 International Plant Appreciation Day
- 13 Scrabble Day
- 14 International Moment of Laughter Day
- 14 Look up at the Sky Day
- 14 Palm Sunday
- 15 Patriot's Day
- 15 Titanic Remembrance Day
- 16 Mushroom Day
- 16 National Stress Awareness Day
- 16 Save the Elephant Day
- 17 Bat Appreciation Day
- 18 National High Five Day
- 19 Good Friday
- 19 Passover begins at sundown
- 20 Husband Appreciation Day
- 21 Easter Sunday
- 22 Earth Day
- 23 Lover's Day
- 24 Administrative Professionals Day
- 25 Take Your Daughter to Work Day
- 25 World Penguin Day
- 26 Arbor Day
- 27 Tell a Story Day
- 28 International Astronomy Day
- 28 Kiss Your Mate Day
- 29 Greenery Day
- 30 National Honesty Day

Monthly Observances:

Records and Information Management Month

International Guitar Month

Keep America Beautiful Month

National Humor Month

Lawn and Garden Month

National Kite Month

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National Poetry Month

National Pecan Month

National Welding Month

PacBlog

Understanding the Basics of Disaster Recovery

PacBlog is the monthly web log of Pacific Records Storage To read this month's installment, please click the title below.

https://pacific-records.com/understanding-thebasics-of-disaster-recovery

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

http://pacific-records.com/category/pacnews

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Do You Want To Win A \$25 Amazon Gift Card?



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw a lucky name.

Here is this month's challenge:

What does this say? HIGH HIGH HIGH HIGH HIGH

Last Month's Answer to:

What does this say? ECLART

CLARINET!

Last month's Winner: MARY POU

Email your answer to info@pacific-records.com

Green Living: Oven Cleaning

Instead of using harsh chemicals to clear your clogged up drains, try a more environmentally friendly solution. Pour 1/4 cup (60 ml) baking soda into the drain. Follow with 1/2 cup (125 ml) vinegar. Close the drain and let sit for several minutes. Then flush with boiling water. If there is still a clog, you can rent a plumber's snake to feed down the drain. But take care—aggressive use of the plumber's snake can damage pipes, so only use as much force as necessary.

Easter Dish: Cornbread Egg Bake

2 cups seasoned cornbread stuffing crumbs

1 can (15.25 ounces) whole kernel corn, drained

1/2 cup chopped green chilies

1/2 cup sour cream

9 large eggs

1/2 cup shredded Cheddar cheese

1/2 cup shredded Monterey Jack cheese

Mix stuffing crumbs, corn, chilies, sour cream, and one egg in a large bowl. Spread evenly in a greased 13 x 9 inch casserole dish. Make eight indentations in the stuffing mixture with the back of a large spoon. Gently break each egg into the indentations. Pierce each yolk with a fork. Bake uncovered in a 400 degree oven for 25 minutes or until the egg whites are set. Sprinkle cheese over the casserole and return to the oven for another three minutes or until the cheese is melted. Serve immediately with a side of salsa.



Bob's vivid imagination insisted his boss was always harping on some mysterious "chain of custardy."

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Purging Records, the Right Way

Spring is here, and for many companies, the season means disposing of old paper records and starting fresh. Figuring out what documents to purge—and how to purge them—can be overwhelming. Luckily, with a little preparation, a records purge is fast, easy, and secure.

A good document retention policy is as much about systematically getting rid of documents as it is about keeping them for legal or historical purposes. And holding on to records longer than necessary is both costly and risky. The final disposition dates in your retention schedule let you know when you can safely destroy documents. Review them before performing a bulk purge.

You have a responsibility to make sure your purged records don't fall into the wrong hands. But purging documents with an office shredder may take days or weeks. Your shredding and destruction provider can help you destroy outdated records securely, quickly, and cost-effectively. Locked purge bins are brought to your office before your purge project, you drop files inside, and your provider collects the contents for secure off-site shredding or on-site mobile destruction.

You also have an obligation to document what is destroyed and the date of destruction. When your records are professionally destroyed, you're provided with a Certificate of Destruction when your purge project is finished.

Remember, purging records each Spring isn't your only destruction option. You can destroy documents at regularly-scheduled intervals throughout the year to keep paper clutter at bay, reduce your risk of a data breach, and stay in compliance with state and federal regulations.

Words of Tax Wisdom from Dave Barry

- It's income tax time again, Americans: time to gather up those receipts, get out those tax forms, sharpen up that pencil, and stab yourself in the aorta.
- We'll try to cooperate fully with the IRS, because, as citizens, we feel a strong patriotic duty not to go to jail.
- To you taxpayers out there, let me say this: Make sure you file your tax return on time! And remember that, even though income taxes can be a "pain in the neck," the folks at the IRS are regular people just like you, except that they can destroy your life.
- Here's my proposal, which is based on the TV show "Survivor": We put the entire Congress on an island. All the food on this island is locked inside a vault, which can be opened only by an ordinary American taxpayer named Bob. Every day, the congresspersons are given a section of the Tax Code, which they must rewrite so that Bob can understand it. If he can, he lets them eat that day; if he can't, he doesn't.
- The IRS spends God knows how much of your tax money on these toll-free information hot lines staffed by IRS employees, whose idea of a dynamite tax tip is that you should print neatly. If you ask them a real tax question, such as how you can cheat, they're useless.
- Question: "I understand that Congress is considering a so-called 'flat' tax system. How would this work?" Answer: "If Congress were to pass a 'flat' tax, you'd simply pay a fixed percentage of your income, and you wouldn't have to fill out any complicated forms, and there would be no loopholes for politically connected groups, and normal people would actually understand the tax laws, and giant talking broccoli stalks would come around and mow your lawn for free, because Congress is NOT going to pass a flat tax "

Moochers

Two college kids went into a diner and sat at the counter without ordering anything. They each took a sandwich from their backpack and proceeded to eat.

The waitress behind the counter exclaimed, "Hey, you can't eat your own sandwiches in here!"

The two guys shrugged, swapped sandwiches, and continued eating.

TRIVIA QUIZ ANSWERS:

1. "The Asphalt Jungle." 2. "From Here to Eternity." 3. He had broken his leg. 4. "Ben-Hur." 5. "Rebel Without a Cause." 6. Pyotr Ilyich Tchaikovsky. 7. "A Streetcar Named Desire." 8. 19 years old. 9. "Roman Holiday." 10. "The Bridge on the River Kwai."

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