

APRIL SERVICE AWARDS

Celebrating Pacific Employee Anniversaries

22 YEARS

Cara VanDeGrift

5 YEARS

Robert Dickenson

Luis Reyes

David Miller

James Goddard

3 YEARS

Isaiah Gilbert

Jonathan Strauman

2 YEARS

David Chavez

1 YEARS

Fernando Alvarez

This Month in History

April 1, 1634 - The first bridge was built in the U.S., spanning the Neponset River between Milton and Dorchester, Massachusetts.

What's Inside This Month?

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April Offers!

Thoughts from Richard Steed

April is a month that doesn't believe in sitting still. It shifts and stirs, bringing bursts of sunshine followed by sudden rain, as if the season itself is trying to make up its mind in real time. You leave the house in a jacket, carry it by noon, and wish you had it back again by evening.

There's a certain charm in that unpredictability. April reminds us that progress isn't always linear. Growth can be messy, uneven, and a little inconvenient. But it's happening all the same—quietly, persistently, just beneath the surface. You see it in the first brave flowers, in trees that seem bare one week and full of promise the next.

It's also the month where we start to notice what winter left behind. Not in a gloomy way, but in a practical one. The corners we ignored, the projects we postponed, the small things that seemed easier to deal with "later." April has a way of nudging us toward those things—not urgently, but firmly enough that we finally pay attention.

And once we do, there's a surprising satisfaction in it. Clearing out a space, finishing a task, or simply putting something back where it belongs can feel like a small reset. It's less about perfection and more about momentum—taking a few steps forward and realizing they add up.

In records management, April carries a similar energy. It's a natural time to revisit what's been building quietly in the background. A little organization, a quick review, or a thoughtful cleanup can prevent bigger issues later on. Like spring rain, it may not be glamorous, but it helps everything grow in the right direction.

So here's to April—the month of change, renewal, and the occasional soggy afternoon. It may keep us guessing, but it also keeps us moving forward, one small step at a time.

Richard

SHRED 6 DRIVES FOR THE PRICE OF 5

One (1) Hard Drive shredded FREE for every five (5) you bring in during the month of April!

Those Doggone Allergies

Just like humans, dogs can develop allergies. If your dog frequently has coughing or sneezing fits, skin problems, or seems generally uncomfortable, they may be experiencing an allergic reaction.

Common symptoms of allergies in dogs include itchy, red, or scabbed skin; increased scratching; runny eyes; sneezing; coughing; snoring; and constant licking or chewing at the skin. Dogs can be allergic to many of the same things people are, including pollen, mold, dust, cigarette smoke, cleaning products, prescription medications, fabrics, and certain foods.

Food allergies can be especially tricky to diagnose. They often show up as itchy skin, recurring ear infections, or gastrointestinal issues. If food is suspected, your veterinarian may recommend an elimination diet to help identify the culprit. This process involves feeding a very limited ingredient diet and gradually reintroducing foods to pinpoint the allergen. If the cause still isn't clear, further testing—such as an intradermal skin test, similar to those used in humans—may be necessary.

If you suspect your dog has allergies, the first line of defense is to remove the offending substance from their environment whenever possible. Irritated skin can often be treated with topical medications. Maintaining consistent flea control is essential, as flea bites are a common trigger for allergic reactions. Keeping your home clean and minimizing dust and mold can also make a noticeable difference. Regular bathing—often weekly, depending on your dog's needs—can help remove allergens from the coat and soothe irritated skin. If food is the issue, your veterinarian can guide you toward an appropriate diet that avoids identified triggers.

Seasonal allergies are also common and may flare up during certain times of the year when pollen counts are high. You might notice your dog's symptoms worsening after time outdoors or improving during colder months. Wiping your dog's paws and coat after walks, as well as limiting exposure during peak pollen times, can help reduce reactions.

If these steps don't fully resolve the symptoms, your veterinarian may recommend additional treatments. Options can include antihistamines, prescription medications, medicated shampoos, or allergy shots (immunotherapy) designed to gradually reduce sensitivity to specific allergens. With the right combination of management strategies and veterinary care, most dogs with allergies can live comfortable, happy lives.

Trivia Quiz Answers

1) "To open"; 2) Diamond; 3) Lyric; 4) April showers bring May flowers"; 5) Virgo; 6) Cumulus; 7) Increasing daylight; 8) Spring peeper; 9) Cold snap; 10) Paschal full moon coincidence

April Holidays and Events

Daily Observances:

- 1 April Fools Day
- 2 International Children's Book Day
- 4 National Love Our Children Day
- 5 National Deep Dish Pizza Day
- 6 Tartan Day
- 7 No Housework Day
- 8 National Dog Fighting Awareness Day
- 10 National Siblings Day
- 12 International Day of Human Space Flight
- 14 National Library Workers Day
- 15 Income Tax Day
- 15 National Bookmobile Day
- 16 Celebrate Teen Literature Day
- 17 Ellis Island Family History Day
- 17 National Haiku Poetry Day
- 18 International Amateur Radio Day
- 18 Record Store Day
- 19 National Hanging Out Day
- 20-26 Spring Astronomy Week
- 21 Kindergarten Day
- 21 National Bulldogs Are Beautiful Day
- 22 Earth Day
- 23 Take our Daughters and Sons to Work Day
- 24 National Arbor Day
- 24 National Teach Children to Save Day
- 25 Spring Astronomy Day
- 25 World Healing Day
- 26 National Help a Horse Day
- 28 Workers Memorial Day
- 30 International Jazz Day
- 30 National Honesty Day

Monthly Observances:

- School Library Month
- Stress Awareness Month
- Workplace Conflict Awareness Month
- Alcohol Awareness Month
- Car Care Month
- Couple Appreciation Month
- Defeat Diabetes Month
- Distracted Driving Awareness Month
- Fresh Florida Tomato Month
- Global Astronomy Month
- Grange Month
- Holy Humor Month
- International Customer Loyalty Month
- Jazz Appreciation Month
- Mathematics Awareness Month
- Month of the Young Child

PacBlog

Streamline Your Tax Records with a Retention Audit

PacBlog is the monthly web log of Pacific Records Storage. To read this month's installment, please click the title below.

<https://pacific-records.com/streamline-your-tax-records-with-a-retention-audit/>

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

<http://pacific-records.com/category/pacnews>

Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

**Do You Want
To Win A \$25
Amazon
Gift Card?**



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw the name of one lucky winner.

Here is this month's challenge:

What did the pony say when it had a sore throat?

Last Month's Answer to:

What do you call a whole lot of strawberries bunched together?

Strawberry Jam!

Last month's Winner:

MICHELLE DURHAM

Email your answer to info@pacific-records.com

Trivia Quiz: Spring Smarts

With longer days, warming air, and signs of life everywhere, April brings renewal, unpredictability, and the full arrival of spring. Test your seasonal knowledge!

1. April's name may come from the Latin "aperire." What does this word mean?
2. What is April's traditional birthstone, known for its exceptional hardness?
3. What annual meteor shower peaks in April and is one of the oldest recorded?
4. What weather saying reflects April's reputation for frequent rain?
5. Which zodiac constellation becomes prominent in the evening sky during April?
6. What type of cloud is commonly associated with fair spring weather and puffy white formations?
7. What natural phenomenon causes many plants to bloom rapidly in April?
8. What small amphibian is often heard more than seen in early spring due to its loud calls?
9. What term describes a sudden return of cold weather after early spring warmth?
10. What astronomical event in April 2026 will not occur, but occasionally happens when the full moon falls near Easter?

Trivia quiz answers at the bottom of page two!



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A Guide to Common Document Storage Questions

If your business is growing, your paperwork is growing with it. At some point, filing cabinets and storage closets stop being a solution and start becoming a liability. That's when most organizations begin exploring off-site document storage for the first time.

And with that first step comes a lot of questions. Here are the ones we hear most often.

“What’s the difference between self-storage and professional records storage?”

This is the big one. A self-storage unit is designed to hold furniture, boxes, and personal belongings. A professional records center is purpose-built for the long-term preservation and protection of business documents. That means climate monitoring, fire detection and suppression systems, restricted access, and staff trained in HIPAA, FACTA, and PCI compliance protocols. If your documents contain sensitive client, patient, or financial information, the distinction matters.

“How do I get my files back when I need them?”

One of the biggest concerns we hear about is accessibility. With Pacific Records, your inventory is available to you 24/7 through a secure, web-based portal. You can schedule next-day delivery, same-day delivery, or even rush two-hour retrieval depending on urgency. And if you don't need the physical file, our Scan on Demand service lets you receive a digital copy sent directly to your workstation.

“Is my information safe?”

Security is built into every layer of what we do. Our facilities are staffed exclusively by screened records management professionals who undergo extensive background checks. Access is restricted, surveillance systems are in place, and every carton is barcoded and tracked within our inventory management system from the moment it arrives. You get a complete audit trail for every document in storage.

“What about compliance?”

Regulatory requirements like HIPAA, SOX, FACTA, and FERPA don't go away just because your records are stored off-site. In fact, proper off-site storage can actually strengthen your compliance posture. Our systems are designed to support retention scheduling, audit readiness, and documented chain-of-custody, so your organization stays aligned with the regulations that affect your industry.

“When should I shred instead of store?”

Not every document needs to be kept forever. Once records have met their required retention period, secure destruction is the responsible next step. Our NAID AAA Certified shredding services ensure documents are destroyed confidentially, whether at our plant or on-site at your location using our mobile shredding units. After destruction, you receive a Certificate of Destruction for your records.

“How do I get started?”

Easier than you think. We work with businesses across Sacramento, Stockton, Fresno, Modesto, Reno, and the surrounding areas to design storage solutions that fit the way your organization operates. Whether you're transferring a few boxes or transitioning an entire records program, we can walk you through the process step by step.

Professional document storage protects your business records, supports regulatory compliance, and keeps your information accessible and secure throughout every stage of the document lifecycle.



Did You Know . . . You Can Pay Online?

Pacific customers can pay their invoices online at:
<https://pacific-records.com/pay-your-bill>



“We tend to forget that happiness doesn't come as a result of getting something we don't have, but rather of recognizing and appreciating what we do have.” —Frederick Keonig

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