

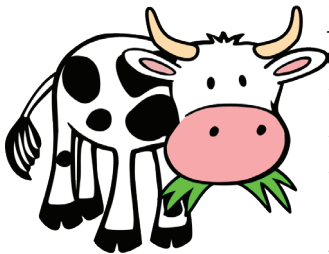
JULY SERVICE AWARDS

Celebrating Pacific Employee Anniversaries

4 YEARS

Robert Martinez

Trivia Quiz: Cows!



July 10th is Cow Appreciation Day. In celebration we've put together a trivia quiz to see how much you know about these interesting bovines.

1. Are there more cows or people in Nebraska?
2. About how much does a cow's heart weigh?
3. From how far away can a cow detect odors?
4. True or False: Reindeer milk has more fat than cow's milk.
5. How many breeds of cattle are there in the world?
6. How many pounds of food must a dairy cow eat before it can produce enough to make one pound of cheese?
7. How wide is a cow's field of vision?
8. How many hours a day do cows spend eating?
9. True or False: Cows are color-blind.
10. How many "squirts" does it take when milking a cow to produce one gallon of milk?

Answers on Back Page!

What's Inside This Month?

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July Offers!

Thoughts from Richard Steed



July is technically mid-summer and mid-summer often means television repeats, rehashes, and reruns (re-puns intended). Oh, and re-ality TV. Now there's an oxymoron. New reality shows are erupting constantly, taking up what used to be "rerun" space and some of them are rather good. Ahem.

Well, gee, a few of them are. A handful...almost? One?

Okay, not nearly enough of them are worth finding the clicker for, let alone powering up the TV, which got us to thinking—why not have a reality show based around our business? Makes sense. After all, as data storage providers we are pivotal players in the business world. We are not only in charge of maintaining your data storage needs, we do so with your company's precious security utmost on our minds. Sounds dramatic and intriguing, right? Storage is big in the reality world (they've even got wars based around it we hear), so why not "The Data Storage Showdown!" We know why. Because what we do is based on years of amassed knowledge, constant vigilance, and plain hard work. It's not dramatic, nor filled with back-stabbing individuals or sandy beach scenes (not that there is anything wrong with sandy beach scenes). Nor do we ever leave ourselves in a position to be "voted off the show." We value our clients too much for that.

I think this rerun season I'll skip the "reality" and kick back with an old episode or two of *I Love Lucy* or—speaking of sandy beach scenes—*Gilligan's Island*. Yeah . . . that's more like it.

Have a safe, happy July and don't do anything to get yourself kicked off the show!

Richard

Call the Doctor

A man called his wife's doctor's office, frantically yelling into the phone, "My wife's pregnant, and she thinks she's in labor. Her contractions are only two minutes apart!"

The receptionist calmly replied, "It's okay sir. Is this her first child?"

"No! This is her husband!"

Shred 6 Drives for the Price of 5!

One (1) Hard Drive shredded FREE for every five (5) you bring in during the month of December!

Are We There Yet?

If you are planning a road trip this summer, you are probably searching for ideas to help pass the time for your kids. Take these activities and ideas along with those swimsuits and shorts.



Find It Games

Before you go, write the letters of the alphabet on index cards. During your trip, deal them out to everyone. Search for words starting with those letters on billboards, or simply things out the window starting with those letters. The first one to go through all his cards is the winner.

I'm Going on a Picnic

The first player says, "I'm going on a picnic and I'm bringing..." He or she then names a thing to bring that starts with the letter A, like apples or artichokes. The next person repeats what the first person said, but adds a B word. For example, he or she might say, "I'm going on a picnic and I'm bringing apples and broccoli." This continues, with each person adding a word starting with the next letter of the alphabet until someone forgets the items. When that happens, that player is out. The last player to be able to recite all the items on the list wins. To add variety, you can play subsequent rounds going to different places, like the beach or to a campground.

License Plates Games

Start by joining together to name all the states in the U.S. This can be harder than it seems. Keep this list handy and every time a license plate from that state is spotted, mark it off. Try to complete your list before your trip is over. Finding Alaska and Hawaii will be extra special.

Category Games

Pick a category. For example, you might choose cities, presidents, flowers, sports, or movie stars. Each player has ten seconds to name something that fits into that category. Continue playing until only one player is left. That person picks the category for the next round.

Travel Games

Most board games come in travel sizes. You might check the thrift stores in your area. You can find everything from Monopoly Junior to Memory games and even an electronic Wheel of Fortune.

Never Ending Story

The first person begins this game by saying, "Once upon a time. . ." and then adding a sentence. The next person continues the story by adding a sentence or two. This can continue as long as you like.

July Holidays and Events

Daily Observances:

- 2 2nd Continental Congress adopts Lee Resolution, 1776
- 3 Compliment Your Mirror Day
- 3 Stay Out of the Sun Day
- 4 Independence Day
- 4 International Day of Cooperatives
- 6 Take Your Webmaster to Lunch Day
- 7 Father-Daughter Take a Walk Together Day
- 7 Tell the Truth Day
- 10 Cow Appreciation Day**
- 11 Bald Is In Day
- 11 World Population Day
- 13 Embrace Your Geekness Day
- 13 Gruntled Workers Day
- 13 International Town Criers Day
- 18 National Woodie Wagon Day
- 19 Lake Superior Day
- 19 National Ice Cream Day
- 20 National Get Out of the Doghouse Day
- 21 No Pet Store Puppies Day
- 22 Rat-Catchers Day
- 23 Hot Enough For Ya Day
- 24 National Drive-Thru Day
- 24 National Tell an Old Joke Day
- 25 National Day of the Cowboy
- 26 Aunties Day
- 26 Parents Day
- 27 National Korean War Veterans Armistice Day
- 27 Take Your Houseplants for a Walk Day
- 27 Walk on Stilts Day
- 30 National Chili Dog Day
- 30 International Day of Friendship

Monthly Observances:

- National Grilling Month
- National Hog Dog Month
- National Horseradish Month
- National Ice Cream Month
- National Make a Difference to Children Month
- National Park and Recreation Month
- National Vacation Rental Month
- Bioterrorism/Disaster Education and Awareness Month
- Cell Phone Courtesy Month
- Herbal/Prescription Interaction Awareness Month
- International Alopecia Month for Women
- International Zine Month
- National "Doghouse Repairs" Month
- Smart Irrigation Month
- Women's Motorcycle Month
- Worldwide Bereaved Parents Awareness Month
- National Minority Mental Health Awareness Month

PacBlog

5 Signs You May Need a Scanning Solution

PacBlog is the monthly web log of Pacific Records Storage. To read this month's installment, please click the title below.

<https://pacific-records.com/5-signs-you-may-need-a-scanning-solution>

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

<http://pacific-records.com/category/pacnews>

Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

**Do You Want
To Win A \$25
Amazon
Gift Card?**



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw the name of one lucky winner.

Here is this month's challenge:
What does this say?

or nothing or nothing

Last Month's Answer to:

Apples, ice, and flowers can do it.

Pears, stones, and coins can't.

Float!

Last month's Winner:

**XAVIER MOLINA
CONGRATULATIONS!**

Email your answer to info@pacific-records.com

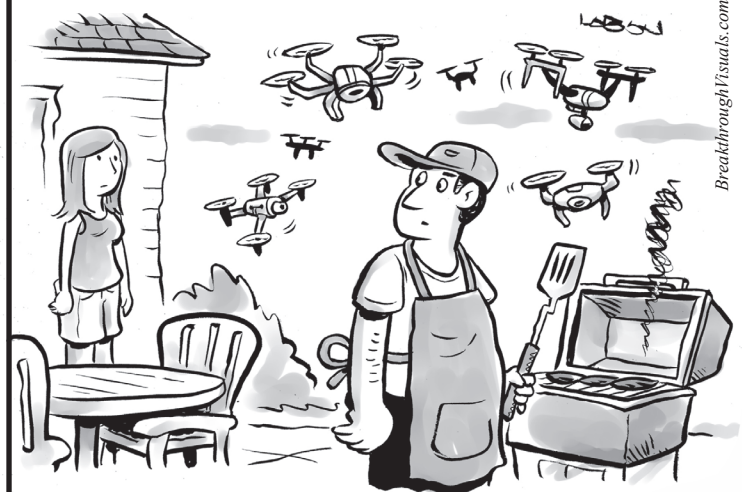
Green Living: Lawn Care

The average lawn has more than ten times more per acre of chemical pesticides dumped on it than farmers use on their crops. These pesticides can be dangerous to your family and pets when they are tracked into your home. These chemicals also will enter ground water systems and streams, causing problems to the environment. But there are ways to have a healthy lawn without the use of dangerous chemicals. Here are some tips to help you take a green approach to your lawn.

To help you grow a healthy lawn, treat your grass with some extra care. Ensure your mower is running properly, and sharpen its blades at least once a year. This will allow your mower to cut the blades evenly, reducing stress on your grass. You can also reduce stress on your lawn by cutting your grass when your yard is dry.

Water your grass in the early morning or early evening instead of during the heat of the day. This allows for a deeper soaking of the ground, which encourages deeper root growth. You should also refrain from watering every day. Watering every day causes the roots to grow shallowly which can weaken your lawn.

Finally, choose the right lawn for your area. Bermuda grass is suited to warm weather climates, and Kentucky bluegrass thrives in cooler areas like the Northern states. If you are interested in an even more ecologically sound lawn, consider xeriscaping with native, low-water plants.



"Better bring out more hotdogs. The neighbors found out we're grilling."

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Privacy Protection During the COVID-19 Pandemic

We are living in an unprecedented time. The Coronavirus pandemic sweeping the globe is permanently changing the way many organizations do business. Although employee health and safety are at the forefront of every corporate leader's mind, data security remains a top concern. And just when you thought things couldn't get any worse, cybercriminals and scammers are exploiting COVID-19 fears and corporate vulnerabilities. More employees are working from home and transferring data between their home offices and workplaces, and fraudsters are capitalizing on corporate security lapses. The Federal Trade Commission (FTC) is warning organizations to stay vigilant.

COVID-19 scams come in many forms, including phishing emails, robocalls, cyberattacks, and "Zoom Bombing." Make sure your employees are aware of increasing risks. Now is the time to redistribute your data security policy and update company-issued devices with the latest malware and virus protection software. Since many employees may be using home WiFi, make sure their connections to your network are always made through a virtual private network (VPN). Remember that your business must still comply with privacy regulations no matter the challenges during COVID-19. Remind employees to bring any unwanted business documents containing personally identifiable information (PII) or protected health information (PHI) to one of our handy drop-off shredding locations or box the documents up and bring them into your office to drop into a secure collection container. With a concerted effort, your organization will make it through the COVID-19 Pandemic, and as always, we are here to help.

Grill Up Some Sides

Firing up your barbecue grill is a great summertime tradition. But you don't have to limit your grilling to the main course. While your grill is hot, throw these easy side dishes on. They are not only easy, but they are great tasting too.

Grilled Potato Salad

2 pounds small red potatoes
1/4 cup canola oil
Salt and pepper to taste
1/2 cup olive oil
1/4 cup red wine vinegar
1 tablespoon lemon juice
1 tablespoon Dijon mustard
1 tablespoon chopped fresh oregano
1 teaspoon chopped dill
1/2 teaspoon salt
1/2 cup chopped celery
1/2 cup chopped green onions
1/2 cup chopped red bell peppers
1/4 chopped fresh parsley

Cut red potatoes into halves. Place in boiling, salted water and cook over moderate heat for about 15 minutes or until tender. Drain and let cool slightly. In a large bowl, combine

canola oil and salt and pepper. Add the cooled potatoes and toss until well coated. Grill over moderately high heat until the potatoes are browned and slightly crisp. In a large bowl, combine the olive oil, vinegar, lemon juice, mustard, oregano, dill and salt. Whisk until well blended. Combine the potatoes, celery, green onions, and peppers. Pour dressing over the potatoes and toss until well blended. Top with the chopped parsley and serve immediately.

Grilled Glazed Asparagus

1/4 cup mayonnaise
1/4 cup olive oil
Juice of one lemon
1-2 crushed garlic cloves
1 tablespoon paprika
2 teaspoons salt
1/2 teaspoon chopped dill
1 pound trimmed asparagus

In a bowl, combine the mayonnaise, oil, lemon juice, garlic, paprika, salt and dill. Whisk until well blended. Place the asparagus into a shallow dish and pour over the marinade. Let stand for at least 30 minutes. Grill the asparagus over moderately high heat, turning several times until tender. Can be served warm or cold.



TRIVIA QUIZ ANSWERS:

1. Cows. 2. 5 pounds. 3. 5 miles. 4. True. 5. 920. 6. 3 pounds. 7. Nearly 360 degrees. 8. 6 hours. 9. False. 10. About 350.

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