June 2020

NEWS You Can Use



JUNE SERVICE AWARDS

Celebrating Pacific Employee Anniversaries

1 YEAR

Doug McKinley Sue Clouse

Kimberley Spaulding

Jesse Aguilar

Orlando Chavez

Nicholas Clouse

William Clouse

Demetrius Crayton

Seth Ervin

Lisa Melius

David Nichols

Connor Swalley

Eric Trost

2 YEARS

Justine Brown

8 YEARS

Dick Kelton

9 YEARS

Dallin Woodruff

16 YEARS

Gurmit Singh

18 YEARS

Carmen Rutz

"Destiny is no matter of chance. It is a matter of choice. It is not a thing to be waited for; it is a thing to be achieved." — William Jennings Bryan

Thoughts from Richard Steed: Happy 1 Year Anniversary!

This month marks the anniversary of our acquisition of American Mobile Shredding. We would like to recognize the valued customers who have become a part of our company. We appreciate the opportunity we have had this past year to earn your business. We want to especially recognize the tremendous group of employees that became a part of the Pacific family one year ago during our expansion. It has been a wonderful year as we worked together to blend two deep rooted companies that have a long and historic legacy in California's Central Valley.

This month our list of employee anniversaries will be much longer! Thank you again to the new (1 Year!) members of the Pacific Family—and to our longtime Richard

veterans!

Fun Facts!

- There are 635,013,559,599 possible hands in a game of bridge.
- There are 293 ways to make change for a dollar.
- The largest diamond ever found was 3,106 carats.
- Each 5 m.p.h. you drive over 60 m.p.h. is like paying an additional \$.10 a gallon for gas.
- Seaweed can grow up to 12 inches per day.

What's Inside This Month?

Thoughts from Richard Steed: Happy Anniversaries!

Trivia Quiz: Judy Garland!

Want to Win a \$25 Amazon Gift Card?

Public Transportation Personal Safety Tips

Green Living: Old Clothes, New Life!

June Offers!

Streamlining Your Office Move

5 Ways to Keep Your Dog Safe This Summer

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One (1) Hard Drive shredded FREE for every five (5) you bring in during the month of December!

Trivia Quiz: Judy Garland!

Judy Garland was born on June 10, 1922. She was a star of screen and stage. Find out how much you know about this leading lady with this trivia quiz.

- 1. What was Judy Garland's birth name?
- 2. What studio did Judy work for?
- 3. In the film "Summer Stock," Judy sang one of her most famous tunes. What was it?
- 4. What was Judy's signature song?
- 5. Judy had three children: Joey Luft, Lorna Luft, and who?
- 6. How many times was Judy married?
- 7. Judy starred in one film with Fred Astaire. What was that film?
- 8. Where was Judy born?
- 9. Fittingly, the day after Judy died, this was spotted in Kansas. What was it?
- 10. How old was Judy when she died?

Answers on Back Page!

Public Transportation Personal Safety Tips

Using public transportation can save you money and get you to your destination efficiently. To make your ride as safe as possible, keep these personal safety tips in mind.

- 1. Plan out your route ahead of time. Consult online schedules to map out the best path to your destination and to find out how much money you'll need. This will keep you from becoming disoriented or distracted while traveling.
- 2. Wait in a lighted or busy area. Try to avoid dark or unoccupied waiting spaces. Stay close to other riders as you wait, and board the bus or train as soon as it arrives.
- 3. Be aware of your surroundings. Traveling on public transportation is not a good time to take a nap or to tune out your environment. Watch for altercations or disturbances that could put you at risk. Refrain from wearing headphones or earbuds, or becoming too enthralled in the latest bestselling novel—these could distract you and make you a potential target.
- 4. Do not have your wallet or money in sight. Keep your personal belongings neatly inside your bag, briefcase, backpack, or purse. Hook your arm through your bag to keep it snuggly against your body. But if someone does try to rip your bag out of your hands, don't put up a fight. Remember that your safety is more important than your property.
- 5. On a train or bus, ride as close as possible to the operator or driver. Criminals tend to see them as authority figures and are less likely to ply their trade in that area of the cabin. If someone bothers you, notify the operator immediately.

June Holidays and Events

Daily Observances:

- 1 Say Something Nice Day
- 4 Intl Day of Innocent Children Victims of Aggression
- 5 National Donut Day
- 5 World Environment Day
- 6 National Trails Day
- 6 National Yo-Yo Day
- 7 National Cancer Survivors Day
- 8 World Oceans Day
- 8 Upsy Daisy Day
- 11 National Nursing Assistants Day
- 12 National Jerky Day
- 13 World Juggling Day
- 14 Family History Day
- 14 Flag Day
- 14 World Blood Donor Day
- 15 Nature Photography Day
- 15 World Elder Abuse Awareness Day
- 17 World Day to Combat Desertification and Drought
- 18 Recess at Work Day
- 19 Work at Home Fathers Day
- 19 World Sauntering Day
- 20 World Refugee Day
- 20 Summer Solstice
- 21 Family Awareness Day
- 21 Father's Day
- 21 Go Skateboarding Day
- 21 Husband Caregiver Day
- 21 Naitonal Daylight Appreciation Day
- 22 Baby Boomers Recognition Day
- 23 Let It Go Day
- 23 National Columnists Day
- 23 Runner's Selfie Day
- 23 International Widows Day
- 23 Public Service Day
- 25 National Handshake Day
- 26 Take Your Dog to Work Day
- 27 Decide to Be Married Day
- 28 Log Cabin Day

Monthly Observances:

Adopt a Shelter Cat Month

African-American Music Appreciation Month

Audiobook Appreciation Month

Cancer from the Sun Month

Cataract Awareness Month

Child Vision Awareness Month

Children's Awareness Month

Dairy Alternatives Month

Effective Communications Month

Entrepreneurs "Do It Yourself" Marketing Month

PacBlog

Protecting Your Business Information During COVID-19

PacBlog is the monthly web log of Pacific Records Storage To read this month's installment, please click the title below.

https://pacific-records.com/protecting-yourbusiness-information-during-covid-19

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

http://pacific-records.com/category/pacnews

Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

Do You Want To Win A \$25 Amazon Gift Card?



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw the name of one lucky winner.

> Here is this month's challenge: Apples, ice, and flowers can do it.

Pears, stones, and coins can't.

Last Month's Answer to:

What do you call it when someone throws sodium chloride at you?

A Salt!

Last month's Winner:

CHERYLE PICKLE, CMPE HUMAN RESOURCES MANAGER

Email your answer to info@pacific-records.com

Green Living: Old Clothes, New Life!

With the warm weather here, many of us are going through the process of swapping out our wardrobes. We may find ourselves sorting through clothes that have gone out of style, no longer fit, or that we're just plain bored with. But before you gather up your closet's undesireables and head for the nearest trash bin, consider this: the EPA (Environmental Protection Agency) estimates that textiles comprise roughly five percent of landfill mass. However, 99% of those textiles are reusable, and should be recycled.

Fortunately, options for recycling old clothing abound.

Instead of throwing out that shirt, revive a frayed collar by carefully cutting it off, flipping it over, and reattaching it for a look that's good as new. Cut those holey winter blue jeans into summer shorts, or patch them with pieces of cloth from a another pair that's too far gone to mend. Disguise stains with iron-on patches. Have fun and get creative! Find the joy in hemming an old skirt, or replacing buttons on a shirt. Performing these relaxing and rewarding activities can cheaply and easily liven up an old wardrobe and help save our landfills.

"No one realizes how beautiful it is to travel until he comes home and rests his head on his old familiar pillow." — Lin Yutang



"Sorry. I'm used to meeting on Skype."

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Streamlining Your Office Move with Document Shredding and Storage



Summer is prime time for office moves. But moving your business can be difficult, especially when you need to move your people, products, and equipment without breaking the bank.

You'll likely want to maximize every square foot of your new space. Fortunately, professional document shredding and records storage service providers are perfectly suited to help with streamlining your office move.

Chances are you have file cabinets and boxes stuffed with old folders. An office move will go much smoother when you can get rid of unneeded documents in advance. You can try to shred everything with an office shredder, but depending on the volume of files you need to destroy, the job could take days or even weeks.

A shredding company can simplify the process for you. They'll drop off secure collection containers at your office. Then you simply drop old files in the containers without worrying about removing staples and paper clips. When your containers are filled, a screened specialist will destroy the contents and provide you with a Certificate of Destruction.

Not every document, however, can be shredded. Based on your document retention requirements, you may need to hold on to a portion of your records. If that's the case, consider storing them offsite at a document storage facility where they'll be protected by professional records management personnel, and can be delivered to you at a moment's notice. You'll use less space in your new office and gain more time to grow your business.

5 Ways to Keep Your Dog Safe This Summer



During the summer, we like to spend more time outdoors. Our dogs do too, so be sure to keep your furry friend happy and safe during the warmer months.

- 1. You may think that a dog's fur protects him from the sun, but skin cancer is actually the most common form of cancer in dogs. While fur does provide some protection, you should apply sunscreen if you are going to be out in the sun for more than an hour. You don't need to apply the sunscreen directly on fur. Instead, concentrate on areas that have little hair—the belly area, ears, and snouts. The best sunscreen to use is one that is safe for human babies.
- 2. Avoid the hottest part of the day. If possible, go out for a walk and some exercise early in the morning, or late in the afternoon, or evening. Both you and your dog will be more comfortable.
- 3. Talk to your vet about extra protection from hookworms and heartworms. These parasites are more prevalent during the summer months. A simple prescription medication can keep them at bay.
- 4. Gardening chemicals can be dangerous for your pet. Keep plant food and pesticides locked up. After applying these chemicals, be sure that your lawn or garden is completely

dry before allowing your dog back in the area. If you use a granular product, water well afterward and let dry completely before giving your pet access to that space.

5. Never leave your dog in your car during the summer months, even if it is just for a few moments, even if the windows are down. The temperature inside a car can rise very quickly, and you don't know if you will be distracted or delayed. Cracking the windows, even rolling them down fully, is not enough to keep the interior of your vehicle cool. Heatstroke can come on quickly for a dog, so there is never a safe amount of time you can leave any pet in your car.

TRIVIA QUIZ ANSWERS:

8. Grand Rapids, Minnesota. 9. A tornado. 10. $47~\mathrm{years}$ old.

1. Frances "Baby" Gumm. 2. MGM. 3. "Get Happpy" 4. "Over the Rainbow" 5. Liza Minnelli. 6. 5 times. 7. "Easter Parade"

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