A Free Monthly Newsletter From Your Friends at PACIFIC

NEWS You Can Use



November 2019

NOVEMBER SERVICE AWARDS

Celebrating Pacific Employee Anniversaries

16 YEARS Vladimir Makarov

12YEARS Gabriel Pereira

6 YEARS Guerrero, Phillip

Green Living: Green Litter!

Conventional cat litter is usually made from bentonite clay. This clay is extracted through strip mining, which can cause environmental damage. It also does not compost well, so it most often ends up in landfills. Alternative products include non-clay litters made from corn or wheat, reclaimed pine shavings, or even recycled newspaper. These are better for the environment than conventional litter products and are just as good at clumping and reducing odor.

"One cannot think well, love well, sleep well, if one has not dined well." —Virginia Woolf

What's Inside This Month? *Thoughts from Richard Steed Trivia Quiz: Orphans Turkey Leftovers: Get Creative Want to Win a \$25 Amazon Gift Card? Should Your Child Eat Snow? Staying Safe While Shopping Online Stop Those Bounced Check Fees! November Offers!*

Thoughts from Richard Steed



A sure sign of a great relationship is that the other person brings out the best in you. This doesn't mean they make things easy for you! A good way to bring out the best in a person is by challenging them to BE their best. While the person challenged may feel some initial stress by being pushed out of

their comfort zone, deep down inside they are developing a lasting self-confidence because they know you believe in them enough to challenge them.

Accepting challenges increases one's determination. Being faced with a challenge is not a time to expect the alltoo-sought-after "instant gratification" that so many people pursue and settle for nowadays. Rather, the gratification will come later—after some honest sweat, the successful honing of skills, and a tough job well done.

Our clients are regularly challenged by changing laws and evolving technology and they bring those challenges to us on a daily basis. I see these challenges as an opportunity to shine and I enjoy solving the challenges of my customers to ensure that their needs are permanently met. This gives me a deep and lasting inner satisfaction.

Challenges are a learning tool and a team builder. When our organization is challenged, we see it as an opportunity to pull the team closer together and figure out the best, most efficient way to handle the challenge.

The challenges our clients bring us are what ultimately brings out the best in us. I believe this is why we have such

great relationships with our clients. Not a client yet? Challenge us!





Trivia Quiz: Famous Orphans

November 11th is World Orphans Day. Test how much you know about these famous orphans, real and fictional.

- This American was known for one of the most famous broadcasts in the history of radio, The War of the Worlds. He lost his mother when he was nine and his father when he was fifteen. Who was he?
- 2. What is the name of the fictional orphan in the novel Les Miserables by Victor Hugo?
- 3. This fictional character was orphaned at the age of 11 when his parents are killed in a mountain climbing accident in southern France. Who was he?
- 4. This famous German composer was the youngest of eight children and became an orphan when both his parents died by the time he turned ten. Who was he?
- 5. This baseball player was nicknamed "The Bambino." He was sent to live in an orphanage when he was seven even though his parents had not died. Who was he?
- 6. This orphan was found at a railway station in London after arriving from "Darkest Peru." Who was he?
- 7. This orphan is raised by her grandfather in the mountains of Switzerland. Who was she?
- 8. This longest-serving First Lady of the United States saw both her parents die within two years of each when she was only ten. Who was she?
- 9. What was the name of the famous orphan who was raised in the African jungles by the Mangani great apes?
- 10. This orphan is the title character of the widely popular series by J.K. Rowling. Who is he?

Answers on Back Page!

Turkey Leftovers: Get Creative

Do you have piles of leftover turkey after Thanksgiving dinner? This recipe is a creative and tasty way to use up some of that bounty!

Turkey Stuffing Shepherds Pie

4 cups cubed cooked turkey
2 cans condensed cream of chicken soup
1 teaspoon garlic powder
1/4 cup sour cream
3 cups prepared stuffing
1 cup leftover cooked vegetables
5 cups leftover mashed potatoes
1/2 stick butter

In a large bowl, combine the turkey, soup, garlic powder, and sour cream until well blended. In a 13 x 9 inch baking dish, layer the stuffing, turkey mixture, and vegetables, and top with the mashed potatoes. Melt the butter and pour over the mashed potatoes. Bake uncovered at 350 degrees for 35-40 minutes or until heated through.

November Holidays and Events

Daily Observances:

- 1 National Authors Day
- 1 National Family Literacy Day
- 2 Plan Your Epitaph Day
- 2 Sadie Hawkins Day
- 3 Daylight Saving Time Ends
- 3-9 Give Wildlife a Brake Week
- 4 Job Action Day
- 6 Saxophone Day
- 7 National Men Make Dinner Day
- 8 National Parents as Teachers Day
- 11 Veterans Day
- 11 World Orphans Day
- 11-15 National Young Reader's Week
- 13 World Kindness Day
- 14 World Diabetes Day
- 15 America Recycles Day
- 16 International Day for Tolerance
- 17 National Unfriend Day
- 19 "Have a Bad Day" Day
- 20 Universal Children's Day
- 21 Great American Smokeout
- 23 Family Volunteer Day
- 24 Celebrate Your Unique Talent Day
- 25 Shopping Reminder Day
- 28 Thanksgiving Day
- 29 Buy Nothing Day
- 30 Computer Security Day

Monthly Observances:

American Diabetes Month Aviation History Month Banana Pudding Lovers Month Diabetic Eye Disease Month Lung Cancer Awareness Month National Adoption Month National Alzheimer's Disease Awareness Month National American Indian Heritage Month National Diabetes Month National Family Caregivers Month National Georgia Pecan Month National Inspirational Role Models Month National Lifewriting Month National Long-Term Care Awareness Month National Marrow Awareness Month National Novel Writing Month Peanut Butter Lovers' Month Vegan Month

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PacBlog

Cybersecurity Awareness

PacBlog is the monthly web log of Pacific Records Storage To read this month's installment, please click the title below.

> https://pacific-records.com/october-isnational-cybersecurity-awareness-month

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

http://pacific-records.com/category/pacnews

Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

Do You Want To Win A \$25 Amazon Gift Card?



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw a lucky name.

<u>Here is this month's challenge:</u> What do pilots and football players have in common? **Last Month's Answer to:**

Why was the ghost wearing a Band-Aid? "Because he had a boo-boo!"

Last month's Winner: APRIL M. ARMENDARIZ DOWLING AARON INCORPORATED

Email your answer to info@pacific-records.com

Should Your Child Eat Snow?

When small children play outdoors in the winter, they invariably take to eating the snow that surrounds them. Many parents wonder whether it's safe to let their children ingest snow, due to pollution or other contaminants. Snow, just like water, can look clean, but could contain harmful substances. In urban areas, snow may contain industrial pollutants, while in farming areas, there may be pesticides in the snow. It can also be contaminated with bird or animal droppings, road deicing solvents, or any number of other contaminants. Experts recommend discouraging your children from eating snow, since there is no way of knowing what it may contain. However, it is unlikely to cause any harm if your child ingests some snow before you're able to catch him or her. If it's only an occasional incident, there should be no serious harm.

"Human felicity is produced not so much by great pieces of good fortune that seldom happen, as by little advantages that occur every day." —Benjamin Franklin



"Ever since they invented cloud computing, I keep getting data stuck between my toes!"

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Staying Safe While Shopping Online

As the holiday shopping season swings into full gear, consumers are logging onto their favorite websites to find the best deals. But the convenience of online purchasing comes with big risks. Javelin Strategy & Research's 2018 Identity Fraud Study found identity theft from e-commerce sites is 81 percent more likely than identify theft from physical stores. So, what can you do to protect your personal and financial information while shopping online?

Start by updating your passwords. They should be a minimum of seven characters long and contain a combination of numbers, letters, and symbols. Keeping track of a handful of passwords and remembering to change them is difficult at best, so invest in a password management application. Your login data is encrypted with one master password that offers access to all your favorite websites.

Only shop at websites that have secure socket layer (SSL) encryption installed. You can tell if a website uses SSL by looking for the lock icon in your browser's URL field. Secure URLs will also begin with "https" instead of "http."

Browsing for online bargains while sipping a latte at your favorite café can quickly turn into an identity theft nightmare. Be careful when using public WiFi networks. These networks are hubs for cybercriminal activity and make your online transactions vulnerable to hackers.

Many online retailers allow you to save your credit card number on their website for future purchases. Avoid this option. If the retailer's website is breached, your financial data could be stolen, too.



The 2020 calendars are in!

Please email us if you didn't get yours and would like one: info@pacific-records.com



Stop Those Bounced Check Fees!

It used to be that if you did not have enough money in your account, your bank would decline your ATM or debit card transaction. It is becoming more common, however, for banks to accept the charge and then slam you with overdraft fees, often reaching \$30 to \$50. Do this several times in one day, and you can see hundreds of dollars in fees.

To add insult to injury, banks and credit unions often market this as a service, calling it "bounce protection" or "courtesy overdraft." But they will accept these charges without any warning to you, leaving you to deal with the fees that can pile up.

If you are one of many consumers who often have a low balance in your checking account or who don't balance your checkbook, you are at particular risk of incurring these fees. You can take some simple steps to keep your account overdraft fee-free.

Because of federal regulations, checks can clear almost immediately. You cannot count on floating checks anymore. To control better when money leaves your checking account, consider using online bill-paying. You can set the specific date for your payment to leave your account. Also, remember that ATM and debit card payments will typically post the same day. However, when using your debit card as a credit card, payments can still take a day or two to post.

While debits are processed relatively quickly, deposits can still lag when posting. Banks often put multi-day holds on deposits, especially in the case of large deposits. You cannot count on a deposit being available until you actually see it posted to your account.

If you use your debit card for hotels, rental cars or gas purchases, you may find that a portion of your available balance is tied up in "holds" placed by these companies to ensure payment of your bill. Often these holds are several hundred dollars, with this money unavailable until it is released by the company. Using a credit card is a better move.

You can request that overdraft protection be removed from your account. This way, any transactions you attempt that would be more than the amount available in your checking account would be declined instead of processed. You will still have to refrain from writing checks with no money in your account, as merchants can charge fees for returned checks as well. But removing this service will keep you from having any surprise charges.

TRIVIA QUIZ ANSWERS:

9. Tarzan. 10. Harry Potter.

1. Orson Welles. 2. Cosette. 3. James Bond. 4. Johann Sebastian Bach. 5. George "Babe" Ruth. 6. Paddington Bear. 7. Heidi. 8. Eleanor Roosevelt.

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