

Summer Lightning Myths

During the summer, thunderstorms can not only bring rain, but thunder and lightning. To protect yourself from dangerous lightning, keep these common myths in mind next time you see a storm brewing.

1. Lightning never strikes twice.

Many locations and objects get hit by lightning several times every year. These include tall buildings like Chicago's Sears Tower and the Empire State Building in New York. There are also locations, such as mountain peaks, that will receive many lightning strikes each season. Other large structures, such as radio-television antennas, also can receive repeated strikes.

2. Lightning only occurs with thunderstorms.

While lightning does require moisture in the air to form, it doesn't have to be raining to create lightning. In fact, one of the most dangerous times for a fatal strike is just before a storm. Lightning can also travel horizontally, striking in areas that are still sunny. It is even possible for lightning to form during snow showers.

3. Lightning is only a danger outdoors.

Shocks from lightning strikes can travel into structures, usually through metal pipes, bathtubs, and electronic devices. If there is lightning in your area, stay off of your telephone, do not take a shower or bath, and limit your computer use. It is also possible for lightning to strike through a window, so if there is lightning in your area, take precautions to avoid this danger by closing any open windows and doors.

4. A person who has been struck by lightning shouldn't be touched.

Lightning strike victims are not electrified by the jolt. In fact, they carry no electrical charge and most likely need assistance from those nearby. Rescue personnel should be immediately called, and the victim should be evaluated by bystanders immediately, as they often need CPR to survive.

Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

Thoughts from Richard Steed

The Importance of Chain of Custody for Records

Records chain of custody is the process of validating how documents created by your organization are stored, handled, and tracked throughout their lifecycle. For example, each time a record is accessed, there should be supporting documentation indicating when it was retrieved and by who. Records chain of custody lets you know exactly where your documents are located at any given time so they are properly safeguarded. It also provides proof that you are meeting all legal requirements regarding the retention of your records.

It's difficult to maintain chain of custody when you have a large volume of documents and files in your office. A professional records storage service helps by offering secure offsite storage with up-to-the-minute records inventory tracking. Every item stored offsite in a commercial records center is given a unique barcode to track its location. Whenever a carton or file is accessed, retrieved or delivered, its barcode is scanned. During barcode scanning, the following information is logged in an inventory management database:

- Date and time request
- Date and time of retrieval
- Date and time delivery and receipt
- Name of record requestor and recipient

Strict handling procedures are followed each time your documents are accessed. Only screened professionals retrieve and deliver your information. And all records transfers are performed in GPS-tracked vehicles. When you use a professional records storage service, you can be certain that proper chain of custody procedures will be followed.

Richard

What's Inside This Month?

Chain of Custody for Records

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Home Improvement Strategies

June Offers!

Get 5 FREE Storage Cartons!

Buy 25 or more Pacific Records Management cartons and get 5 free anytime in June with mention of this coupon!

Future Father-in-Law

One evening, Anna brought home her new boyfriend to meet her parents. Things were getting serious between them and they were thinking of getting married. Her father decided to find out more about the young man. So, after dinner, he asked Anna's beau to go for a walk.

"So are you planning to go to college?" asked the father.

"I'm still undecided about that," answered the young man.

"Do you have a job?" asked the father.

"Not at the moment."

"How do you think you'll be able to afford an engagement ring?"

The young man said, "Well, I'm a religious man and I'm sure God will provide!"

Anna's father grew concerned. "How do you think you'll be able to buy a house and take care of your children?"

The young man answered, "I do believe that God will provide for us!"

The men returned from their walk, and Anna left shortly thereafter, her new boyfriend in tow.

"So," said Anna's mother, "what do you think?"

"Well," said her father, "the downside is that he has no job and no plans to go to college."

"What's the upside?" her mother asked.

The father gave her a big smile. "He thinks I'm God!"

There are two mistakes one can make along the road to truth...not going all the way and not starting. — Buddha

Trivia Quiz: Judy Garland

Judy Garland was born on June 10, 1922. She was a star of screen and stage. Find out how much you know about this leading lady with this trivia quiz.

1. What was Judy Garland's birth name?
2. What studio did Judy work for?
3. In the film "Summer Stock," Judy sang one of her most famous tunes. What was it?
4. What was Judy's signature song?
5. Judy had three children: Joey Luft, Lorna Luft, and who?
6. How many times was Judy married?
7. Judy starred in one film with Fred Astaire. What was that film?
8. Where was Judy born?
9. Fittingly, the day after Judy died, this was spotted in Kansas. What was it?
10. How old was Judy when she died?

Answers: 1. Frances "Baby" Gumm. 2. MGM. 3. "Get Happy" 4. "Over the Rainbow" 5. Liza Minnelli. 6. 5 times. 7. "Easter Parade" 8. Grand Rapids, Minnesota. 9. A tornado. 10. 47 years old.

June Holidays and Events

- 1 Say Something Nice Day
- 4 International Day of Innocent Children Victims of Aggression
- 4-10 National Business Etiquette Week
- 5 National Donut Day
- 5 World Environment Day
- 6 National Trails Day
- 6 National Yo-Yo Day
- 6-13 International Clothesline Week
- 7 National Cancer Survivors Day
- 7-13 Bed Bug Awareness Week
- 8 World Oceans Day
- 8 Upsy Daisy Day
- 8-14 National Automotive Service Professionals Week
- 11 National Nursing Assistants Day
- 11-18 National Nursing Assistants Week
- 12 National Jerky Day
- 13 World Juggling Day
- 13-20 National Hermit Week
- 14 Family History Day
- 14 Flag Day
- 14 World Blood Donor Day
- 14-20 National Flag Week
- 15 Nature Photography Day
- 15 World Elder Abuse Awareness Day
- 17 World Day to Combat Desertification and Drought
- 18 Recess at Work Day
- 19 Work at Home Fathers Day
- 19 World Sauntering Day
- 20 World Refugee Day
- 21 Father's Day
- 21 National Daylight Appreciation Day
- 21-27 Carpenter Ant Awareness Week
- 21-27 Lightning Safety Awareness Week
- 21-27 Meet a Mate Week
- 21-27 National Mosquito Control Awareness Week
- 22 Baby Boomers Recognition Day
- 23 Let It Go Day
- 23 National Columnists Day
- 23 Runner's Selfie Day
- 23 International Widows Day
- 23 Public Service Day
- 25 National Handshake Day
- 26 Take Your Dog to Work Day
- 27 Decide to Be Married Day
- 28 Log Cabin Day

June is also . . .

- Effective Communications Month
- International Men's Month
- Adopt a Shelter Cat Month

PacBlog

3 Good Reasons to Ditch Your Paper Shredder

PacBlog is the monthly web log of Pacific Records Storage. To read this month's installment, please click the title below.

[http://pacific-records.com/
3-good-reasons-to-ditch-your-paper-shredder](http://pacific-records.com/3-good-reasons-to-ditch-your-paper-shredder)

You may also access the PacBlog at the URL below. There you will find this month's installment along with archives of previous installments.

<http://pacific-records.com/category/pacnews>

Quick Tips: Green Living

Want to make your clothing choices more environmentally friendly? First consider the material. Clothing that is dry clean only is not a smart choice. Look for natural fibers that can be washed in cool water. Next think about where you get your clothing. Shop first at a consignment or thrift store. You will be picking up clothing that still has a lot of life left for a cheaper price than new togs. Finally, don't wash your clothing too often. If you've only worn your outfit for a couple of hours, hang it to air out and wear it again before washing. Your clothing will last longer and you will use less detergent and water.

Do You Want To Win A \$25 VISA Gift Card?



Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw a lucky name.

Here is this month's challenge:

What farm animal keeps the best time?

Last Month's Answer to: *Why did the neutron eat for free at its favorite restaurant?*

"There was no charge."
Last month's Winner:

MARIA A. MORAN

PULMONARY MEDICINE ASSOCIATES

Email your answer to info@pacific-records.com

JUNE SERVICE AWARDS

Celebrating Pacific Employee Anniversaries

13 YEARS

Carmen Rutz:

11 YEARS

Bernie Hamby

11 YEARS

Gurmit Singh

4 YEARS

Dallin Woodruff

Quick Tips: Organizing Tip

Many people put off-season clothing in storage to make room in their closets and drawers. When doing this, don't forget your shoes too. Boots can be stored away during the summer, and sandals can be stored during the winter. Place them in shoe boxes and label them with the contents. You can then stack them in a storage closet, place them up high in your main closet, or place them under a bed. You can use the same boxes for summer and winter by writing the contents on opposite ends. When switching them out, simply turn the box around.

"It is in your moments of decision that your destiny is shaped." — Anthony Robbins



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Home Improvement Strategies Every Homeowner Should Know

It doesn't matter if you live in a large suburban home or a cozy city condo, owning your own home means that you will encounter some situations that need some special skills. These strategies can help you make your house into a better home.

Don't neglect the little things.

The best strategy of all is to not ignore little repairs. That leaky faucet or running toilet may seem like no big deal, but leaks can add up to lots of damage if not addressed quickly. Cleaning out gutters, repairing broken floor tiles, and replacing damaged light fixtures can make your home safer and will save you from dealing with a bigger repair job later.

Look for inspiration all around you.

There is no lack of sources for DIY inspiration. Home improvement shows, Pinterest, magazines, and even your friends can guide you to what you like and what projects you'd like to do in your own home.

Get the right tools.

All the inspiration in the world can't help you if you can't actually do the job. Having the proper tools will let you accomplish your home improvement goals in a safe and efficient manner. If you don't have the tools you need, consider renting them.

Know when to get help.

Every weekend warrior hopes he or she can tackle that home improvement job, but sometimes it is best to call in a professional. To save money, do as much of the job as you feel comfortable with, and call in help for those tasks that are outside your scope of expertise.

Money Tips for Summer

Looking to save some cash? Summer is the perfect time to squeeze some extra savings out of your budget. Here are some ways to keep more of your hard-earned money in your pocket.

1. Vacation closer to home. One of the most expensive parts of a vacation is the cost to travel to and from your destination. Instead of traveling across the country, vacation in your own or in a neighboring state. You can cut the expense of air travel or a long road trip by traveling less than a day away.

2. Get outside and save some dough. Pack a brown bag lunch and eat outside at lunchtime instead of buying lunch at a restaurant. Instead of heading to a movie theater, catch a free outdoor movie night in your community. Rather than heading out for drinks with your friends, have them over to hang out on your patio. Let everyone bring their own drinks and food for the grill and you'll have a great time with little expense.

3. Save on grocery costs by planting a garden. You will have healthy, pesticide-free food that costs less than the grocery store. For every \$5 you spend on vegetable seeds, you can expect several hundred dollars in produce. Even if you don't have a large area to garden, you can still save money by planting in container gardens.

By the Numbers: Hurricanes

- The official Atlantic United States hurricane season lasts 183 days, from June 1st to November 30th.
- Coastal counties along the Atlantic and Gulf of Mexico as well as the Hawaiian Islands account for nearly two-thirds of the United States' coastline population and are most vulnerable to the impact of hurricanes.
- Since 1950, when hurricanes were first given official names, 80 names have been retired because the impact of those specific storms was particularly deadly or costly.
- The year 2005 had the most named storms in the Atlantic hurricane region with 28 storms appearing before the end of the year.
- Hurricane Katrina was the costliest hurricane in U.S. history, with over \$108 billion in damages.

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