

Food Donation Basics

This is the time of year that many people donate food to food drives. To ensure that your donation can be used, remember these donation tips.

Non-perishable items are always needed. Donate items that are factory sealed and try to avoid dented or rusted cans. Most agencies will not accept home-canned or home-packaged foods, but be sure to ask—you may be surprised. Open or partially used items can usually not be accepted.

If you are planning on shopping for items to donate, call the agency first to see what they are low on. Try to contribute basic foodstuffs, including rice, pasta, canned tuna, canned soups and stews, peanut butter, canned milk, canned beans and vegetables, and hot or cold cereals. Extras like coffee, tea, spices, and condiments are nice to include as well.

If you have non-food items to donate, ask if the agency will accept those as well. Many people are in need of tooth care products, personal hygiene items, diapers, pet food, and basics such as cleaning supplies, trash bags, toilet paper, and laundry products.

Bumper Sticker Humor

- Everyone says red meat is bad for you. Yet nobody mentions fuzzy green meat?
- If you can't be kind, at least have the decency to be vague.
- A penny saved is a government oversight.
- He who hesitates is probably right.
- If you think there is good in everybody, you haven't met everybody.

What's Inside This Month?

By the Numbers: Veterans Day!
Your Thanksgiving Table

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Genius Need to Solve this Month's Riddle!

The secret of Mickey and Minnie

Peanut Butter Trivia Quiz

NOVEMBER OFFERS!

Thoughts from Richard Steed

It's November, which means the holiday season stretches ahead with all its joy . . . and uncertainty. What will happen in the upcoming weeks? We are firm believers in being prepared for whatever comes our way and wonder what it would be like if we had backup every minute of every day . . . for everything! Hmmm.



Let's say you're having the boss over for dinner and somehow the bird ended up overdone. How great would it be to have a back-up chef in the wings—one whose goose did not get cooked (so to speak) but instead was roasted to perfection?

It would also be amazing to have a solid backup plan to handle children who may be extra-challenging with their high expectations and extra time off. All that frustration, confusion and worry got you rattled, folks? No problem! The backup parents will take care of it. You can relax; sip some eggnog on the patio and when you return everything will be running smoothly again. Ahhh.

It's nice to fantasize about a personal backup following us around every minute of every day, ready to fix all of our issues. But despite diligent web searches, we've yet to find a personal backup service offered anywhere. Now as far as your business goes, that's another matter entirely. Remember we are here for you with all of your data storage, backup, and information security needs. That's what we do!

As for mastering the perfect pumpkin pie? Well, for that you'll need another backup plan.

Grandma perhaps?

Richard

Have A Question For Us?

We love to hear from all our good friends and clients who enjoy reading our monthly newsletter. If you have a question related to off-site document storage, shredding, media vaulting, or document imaging, please feel free to give us a call or send us an email.

(888) 893-6054 or info@pacific-records.com

Get 5 FREE Storage Cartons!

Buy 25 or more Pacific Records Management cartons and get 5 free anytime in November with mention of this coupon!

By the Numbers: Veterans Day

Most of us know we're celebrating Veterans Day this month on Monday, the 11th. Now here's a brief list of facts some of us may not know:

- There are almost 22 million military veterans in the United States.
- Female veterans number over 1.6 million.
- There are three U.S. states with over one million veteran residents: California, Florida, and Texas.
- Almost 10 percent of all U.S. businesses are owned by military veterans.
- There are about 54,000 living veterans who served during all three of World War II, the Korean War, and the Vietnam era.

Source: U.S. Census American Community Survey

“Autumn is a second spring when every leaf is a flower.”

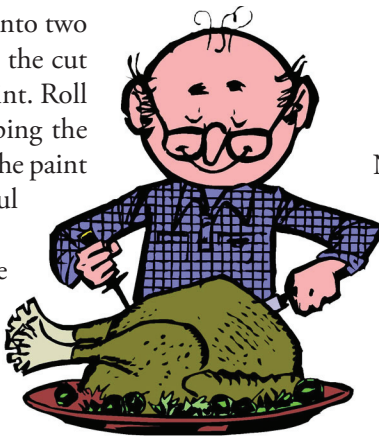
– Albert Camus

Your Thanksgiving Table

There is almost nothing that feels more “homey” than the warmth and comfort of sharing Thanksgiving with family and friends. You can make this Thanksgiving one to remember by including some special touches to your Thanksgiving table.

To a basic fall colored tablecloth, add a special Thanksgiving table runner. You can purchase this or make your own. Add a personal touch by letting the kids decorate this with fabric paints. One great technique is to use corn to add a fun pattern to the fabric. Cut uncooked ears of corn into two to three inch lengths. Stick corncob holders into the cut ends, and dip the corn into different shades of paint. Roll the corn along the length of the fabric, overlapping the lines and making different patterns. After you set the paint according to the directions, you'll have a colorful and fun addition to your table setting.

A beautiful centerpiece doesn't have to be elaborate or expensive. To a large basket add small Indian corn, interesting gourds, pinecones, dried wheat, and dried flowers. Tie raffia around the basket and tuck in some fresh herbs. Sprinkle some beautiful leaves, either artificial or real, around your table, and light a few candles in tall candleholders. Use your best china, cloth napkins and placemats, and add some pretty wine glasses. Your Thanksgiving table will be functional, beautiful, and fun!



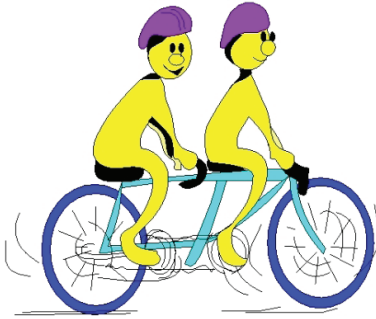
November Events

- 1-7 National Patient Accessibility Week
- 1 National Authors Day
- 2 Plan Your Epitaph Day
- 3 Cliché Day
- 4 Daylight Saving Time Ends
- 5 Job Action Day
- 6 Election Day
- 8 National Parents as Teachers Day
- 10 National Day of Play
- 11 Veterans Day
- 11-17 American Education Week
- 12-16 National Young Reader's Week
- 12 World Orphans Day
- 13 World Kindness Day
- 14 World Diabetes Day
- 15 America Recycles Day
- 15 Great American Smokeout
- 17 Family Volunteer Day
- 18-24 National Bible Week
- 19-25 Better Conversation Week
- 20 Universal Children's Day
- 21 World Hello Day
- 22 Thanksgiving Day
- 23 Native American Heritage Day
- 23 You're Welcomegiving Day
- 24 Celebrate Your Unique Talent Day
- 29 Electronic Greetings Day
- 30 Computer Security Day

November is also . . .

- AIDS Awareness Month
- American Diabetes Month
- Aviation History Month
- Diabetic Eye Disease Month
- Gluten-Free Diet Awareness Month
- Gratitude Month
- Lung Cancer Awareness Month
- National Alzheimer's Disease Awareness Month
- National American Indian Heritage Month
- National Diabetes Month
- National Family Caregivers Month
- National Georgia Pecan Month
- National Inspirational Role Models Month
- National Lifewriting Month
- National Long-Term Care Awareness Month
- National Marrow Awareness Month
- National Pet Cancer Awareness Month
- Peanut Butter Lovers Month
- Vegan Month

Tandem Pandemonium



Two guys were riding a tandem bicycle when suddenly the one in front slammed on the brakes, got off the bike, and started letting the air out of the tires.

"What are you doing?" asked his friend.

"My seat is too high, so I'm lowering it a bit," answered the first man.

The cyclist in back then jumped off of the bike, loosened his seat, and spun it around 180-degrees.

"What are you doing?" asked the first man.

"Well, if you're going to be ridiculous, I'm going home!"

NOVEMBER SERVICE

AWARDS

Celebrating Pacific Employee Anniversaries

9 YEARS

Vladimir Makarov

5 YEARS

Gabriel Pereira

Do You Want To Win A \$25 VISA Gift Card?

Each month we'll give you a new challenge of some type. All those who reply with a correct answer are eligible to win. At the end of the month we'll draw a lucky name.



Here is this month's challenge:

Pick any two opposing sides of this six-sided object and the answer will be seven.

Last Month's Answer to: *What is depicted below?*

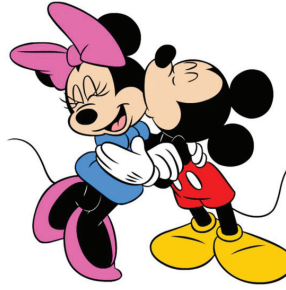
PUMPKIN SKIN

Last month's Winner:

NICCOLE C. KUNTZ
LEGAL ASSISTANT
HARRIS, PERISHO & RUIZ

Email your answer to info@pacific-records.com

The Secret of Mickey and Minnie



It is an age-old question: Are Mickey and Minnie Mouse married? Mickey and Minnie have never been married on screen. But, in 1933, during an interview with Film Pictorial, Walt said, "In private life, Mickey is married to Minnie...What it really amounts to is that Minnie is, for screen purposes, his leading lady. If the

story calls for a romantic courtship, then Minnie is the girl; but when the story requires a married couple, then they appear as man and wife. In the studio we have decided that they are married, really." Two years later in 1935, he told Louise Morgan in the News Chronicle, "There's no marriage in the land of make-believe. Mickey and Minnie must live happily ever after."

The discussion of Mickey and Minnie's wedding has been fueled by the 1932 film "Mickey's Nightmare," in which Mickey falls asleep in an armchair instead of meeting Minnie at the local dance. Mickey dreams of being married to Minnie and is surrounded by numerous little Mickey mice. Then in 1935, a cover for the sheet music, "The Wedding Of Mister Mickey Mouse" shows a picture of a beaming Mickey, dressing in a tux, leading Minnie, dressed in a veil, from the church to the happy cheering of Horace Horsecollar and Clarabelle Cow.

In 1997, Russi Taylor, the current voice of Minnie married Wayne Allwine, the current voice of Mickey after a five year courtship. Russi has her own theory about Mickey and Minnie's public image. "The characters aren't going to get married, because children relate to Mickey and Minnie at their own levels. They don't know how old Mickey and Minnie are; but if they were to get married, they would become adults, and it would spoil the illusion."



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Five Quick Ways to Change a Room's Look

Looking for a change, but don't have a lot to spend on new furnishing and decorations? These five tips will help give your home a fresh look without breaking your budget.

1. Move things around. Swap out furniture from another room for a new look. Try using some pieces in unusual ways. For example, a dresser can look great in a living room or an entry hallway and is a great way to add storage.
2. Add another layer. An extra layer of curtains can add interest and color to a room. You can tie back the layer on top to still allow the inside curtains to show. On top of a table or storage piece, place a small tablecloth or placemat to brighten the area. Add fringe or trim to pillows, curtains, or lamps for a new look.
3. Replace the little things. Change out the hardware on dressers or cabinets to give your pieces a new look. You can also add or change a throw rug and throw pillows. Get a new vase and add some seasonal flowers. Replace the pictures in your picture frames with new ones.
4. Visually expand your space. Move furniture around to make better use of your space. Add a mirror or two to expand your room visually. If your rooms feel too small, store some items temporarily to remove clutter and open up your spaces.
5. Add something new. If your budget doesn't allow for a new sofa or table, find a cheaper alternative. Shop thrift stores or antique stores. Let friends know that you will take and renovate their discards. Get a slipcover instead of a new sofa or simply refinish or paint your existing furniture for a whole new look.

Trivia Quiz: Nuts About Peanut Butter

November is Peanut Butter Lovers' Month. Test how much you know about this popular bread spread with this trivia quiz.

1. What is the most popular brand of peanut butter sold in the world?
2. How many peanuts are in an 18 ounce jar of peanut butter?
3. How much peanut butter does the average American household consume in a year?
4. How many peanut butter sandwiches will the average American child eat by the time he or she graduates from high school?
5. Jimmy Carter was one of two peanut farmers who have been elected president of the United States. Who was the other?
6. What is arachibutyrophobia?
7. Where is the largest peanut butter factory in the world?
8. True or false: Peanuts are more "pea" than "nut."
9. How many peanut butter sandwiches will one acre of peanuts make?
10. What part of the peanut plant can be used in kitty litter, wallboard, fireplace logs, paper, and animal feed?

Answers (flip to see): 1. Skippy Peanut Butter. 2. 850 peanuts. 3. Over 6 pounds. 4. 1,500 sandwiches. 5. Thomas Jefferson. 6. A fear of peanut butter sticking to the roof of one's mouth. 7. The Jif plant in Lexington, Kentucky. 8. True—they are legumes, like beans and peas—not nuts! 9. 30,000 peanut butter sandwiches. 10. The shell.

Clever Border Crosser

A man riding a bicycle approached a border crossing with a large sack on his shoulder. The guard stopped him and asked, "What's in the bag?"

"Just sand," replied the man.

"Take the bag down so I can inspect it," said the guard. He emptied the bag and indeed found only sand. He let the man ride across the border.

A week later, the same man approached the border crossing, again with a sack on his shoulder. Again the guard

asked to empty the bag, which contained only sand. This repeated every week for several months. Finally, the cyclist did not appear again.

Then one day the guard happened upon the cyclist on a busy downtown street. "Hey mister," asked the guard, "you sure are puzzling. Can I ask, why did you bring a bag of sand across the border so often? Were you trying to smuggle something?"

"Well," answered the cyclist, "to tell you the truth, I was."

"What was it?" asked the guard.

"Bicycles!" exclaimed the cyclist.

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